

# September 2017 After School Program Schedule

**Sunday**



## Special Yoga Classes for Kids

The Rec Center Staff is doing a Kids Yoga Teacher Training the first weekend in September. To sign up for the free classes (members only) Please sign up at the Rec Center

### Friday Sept. 1

3:45-4:30 pm 5-8 year olds (no parent necessary)

### Saturday Sept. 2

9:30-10 am 0-2 year olds (with mom or dad)

10:30-11 am 2-4/5 year olds (with mom or dad)

## **Birthday Party Rentals Available!**

Only \$50 for two hours!

Includes use of Main Gym, Multipurpose Room, and all of our great toys and game tables. Adult supervision is required.



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**Saturday**

MONDAY AND WEDNESDAY TODDLER TIME 9AM-NOON

The gym is available to parents/guardians and their children to play, run, tumble, tell stories, color, and socialize. All children must be supervised by an adult.



|    |  |    |   |    |  |    |  |    |  |
|----|--|----|---|----|--|----|--|----|--|
| 4  | NO ASP<br>CLOSED FOR<br>LABOR DAY                          | 5  | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>Gymnastics &<br>Tumbling | 6  | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>gym games | 7  | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>Rock Climbing | 8  | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>gym games   |
| 11 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>gym games | 12 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>Gymnastics &<br>Tumbling | 13 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>gym games | 14 | 2:00-3:00<br>FREE PLAY<br>IN GYM<br>3:00-4:00<br>Rock Climbing | 15 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>gym games   |
| 18 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>gym games | 19 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>Gymnastics &<br>Tumbling | 20 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>gym games | 21 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>Rock Climbing | 22 | NO ASP<br>STAFF<br>TRAINING  |
| 25 | NO ASP<br>STAFF<br>TRAINING                                | 26 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>Gymnastics &<br>Tumbling | 27 | 3:30-4:00<br>FREE PLAY<br>IN GYM<br>4:00-5:00<br>gym games | 28 | 2:00-3:00<br>FREE PLAY<br>IN GYM<br>3:00-4:00<br>Rock Climbing | 29 | 3:30-5:00<br>Roller Party<br> |

The After School Program exists to offer children a space to play, be creative, grow, and have fun in a safe and welcoming environment. Children not participating in activities or disobeying the rules and regulations of the facility may be asked to leave. This program is for children 5 and up. Many kids under the age of 7 are not emotionally ready to handle the stimulation of the program and may need to go home with Mom or Dad if feeling a bit overwhelmed. All parents must have contact information with staff and be available for their child if staff calls.

1 NO ASP  
Inservice Day  
3:45-4:30 pm  
5-8 year olds yoga class  
(no parent necessary)  
\*Sign-Up required\*

2 9:30-10 am  
0-2 y/o yoga class  
(with mom or dad)  
10:30-11 am  
2-4/5 y/o yoga class  
(with mom or dad)  
\*Sign-Up required\*

## Friendly Reminders:

Make sure your kids are bringing a healthy snack they can enjoy when they get to the After School Program.



Wet/ Dirty shoes are not permitted in the gym. Your kids are more than welcome to leave a pair of clean, non marking shoes at the facility for them to use while at ASP.

