

October 2017 After School Program Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>The gym is available to parents/guardians and their children to play, run, tumble, tell stories, color, and socialize. All children 12 and under must be supervised by an adult.</p>   <p>Birthday Party Rentals Available!</p> <p>Only \$50 for two hours!</p> <p>Includes use of Main Gym, Multipurpose Room, and all of our great toys and game tables.</p> <p>Adult supervision is required!</p> 	<p>2. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	<p>3. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 Gymnastics & Tumbling</p>	<p>4. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	<p>5. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 Rock Climbing</p>	<p>6. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	 <p>Friendly Reminders:</p> <p>Make sure your kids are bringing a healthy snack they can enjoy when they get to the After School Program.</p>  <p>Wet/ Dirty shoes are not permitted in the gym. Your kids are more than welcome to leave a pair of clean, non marking shoes at the facility for them to use while at the After School Program.</p>  <p>Please let your child know specifically if you expect them to be INSIDE the Rec Center for the After School Program and not OUTSIDE in the Skate Park or Playground.</p>	
	<p>9. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	<p>10. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 Gymnastics & Tumbling</p>	<p>11. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	<p>12. 2:30-4:30 FREE PLAY IN GYM 4:00-5:00 Rock Climbing</p>	<p>13. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>		
	<p>16. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	<p>17. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 Gymnastics & Tumbling</p>	<p>18 CLOSED ALASKA DAY</p>	<p>19. 2:00-3:00 FREE PLAY IN GYM 3:00-4:00 Rock Climbing</p>	<p>20. NO ASP IN SERVICE DAY</p>		
	<p>23. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	<p>24. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 Gymnastics & Tumbling</p>	<p>25. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	<p>26. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 Rock Climbing</p>	<p>26. 3:30-5:00 Roller Party</p> 		
	<p>30. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 gym games</p>	<p>31. 3:30-4:00 FREE PLAY IN GYM 4:00-5:00 Gymnastics & Tumbling</p>	<p><i>Playgroup and Toddler Time are back! See reverse for schedule</i></p>				
	<p>The After School Program exists to offer children a space to play, be creative, grow, and have fun in a safe and welcoming environment. Children not participating in activities or disobeying the rules and regulations of the facility may be asked to leave. This program is for children 5 and up. Many kids under the age of 7 are not emotionally ready to handle the stimulation of the program and may need to go home with Mom or Dad if feeling a bit overwhelmed. All</p>						

October Playgroup and Kids Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Main Gym OPEN 1-5 PM For Free Play or Birthday Party Rentals</p> <p>First Come First Serve</p> <p>Get out of the house and Come Play!!!!</p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10 am– 11:30 am *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Restorative Yin</i></p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10 am– 11:30 am *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Back Hip Yoga</i></p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10 am– 11:30 am *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Back Hip Yoga</i></p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10 am– 11:30 am *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Restorative Yoga</i></p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10 am– 11:30 am *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Restorative Yoga</i></p>	<p>Bouncy House Playtime 1-3pm</p> <p>Parent/Guardian must be onsite for all children under age 12.</p> 
	<p>5:30 pm– 6:30 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Mat Pilates</i></p>	<p>5:30 pm– 7 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Hatha Flow</i></p>	<p>5:30 pm– 6:30 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Mat Pilates</i></p>	<p>5:30 pm– 7 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Restorative Yoga</i></p>	<p>5:30 pm– 7 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour</p> <p><i>Class Opportunity: Restorative Yoga</i></p>	<p>HALLOWEEN CARNIVAL SATURDAY OCTOBER 28 1-3 PM</p> <p>SEE NEWSLETTER FOR DETAILS</p> 

BEGINS IN NOVEMBER