

Self-Care Saturday Registration

Date (circle one): February 9 February 23 February 9 & 23

Name _____

Email _____

Phone _____ Cell _____

Please list any known allergies:

Please indicate the face mask you would like- CIRCLE ONE

ACNE

DRY SKIN

TIGHTENING

Ingredients used for various Face Masks:

Manuka Honey, Organic Bentonite Clay, Egg, Avocado, Therapeutic Grade Frankincense Essential Oil, Virgin Marula Oil, therapeutic grade fractionated coconut oil, organic Yogurt, orange and lemon juice.

Ingredients in Sugar Scrub:

Organic Coconut Oil, Organic Cane Sugar, Epsom salts, Therapeutic Grade Lavender and Sandalwood Essential Oil.

I have read the above information and acknowledge that this program is at my own risk and I am solely responsible for any reactions that may occur due to using my choice of product.

I understand that I must bring 3 hand towels, 1 bath Towel, a bag for soiled towels to take home and launder myself, and extra layers for keeping warm in Restorative poses.

Signature

Date

Date Paid _____ Staff Initials _____