



Please have your child bring a **healthy** snack they can enjoy at the

See reverse side for Playgroup, Toddler Time & Kids Schedule




Make sure your child has a pair of clean gym shoes to wear during ASP. There are **no** street shoes allowed in the gym.

February 2020 After School Program (ASP)

Motivation Monday	Yoga Tuesday	Sports Skills Wednesday	Rock Wall Thursday	Science Friday
3 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:35 pm Group Games 4:35-4:55 pm Free Play creative free 4:55-5:00pm Clean Up 4:55-	4 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:25 pm GROUP A Yoga GROUP B Fitness Challenge & Games 4:25-4:45 pm GROUP A Fitness Challenge & Games GROUP B Yoga 4:45-5:00pm Free Play	5 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:25 pm GROUP A Yoga GROUP B Fitness Challenge & Games 4:25-4:45 pm GROUP A Fitness Challenge & Games GROUP B Yoga 4:45-5:00pm Free Play	6 Early Release Day 2:30-2:50 pm Debrief & Fitness Challenge 2:50-3:05 pm Snack Time 3:05-4:20 pm Rock Climbing 3:05-3:45 pm gym games arts & crafts 3:45-4:20 pm Free Play 4:20 pm Clean Up	7 3:30-3:50 pm Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:30 pm GROUP A Science Experiment GROUP B Free Play GROUP A Free Play GROUP B Science Experiment
10 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:35 pm Group Games 4:35-4:55 pm Free Play creative free 4:55-5:00pm Clean Up	11 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:25 pm GROUP A Yoga GROUP B Fitness Challenge & Games 4:25-4:45 pm GROUP A Fitness Challenge & Games GROUP B Yoga 4:45-5:00pm Free Play	12 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:25 pm GROUP A Yoga GROUP B Fitness Challenge & Games 4:25-4:45 pm GROUP A Fitness Challenge & Games GROUP B Yoga 4:45-5:00pm Free Play	13 3:30-3:50 pm Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:55 pm Rock Climbing 4:05-4:35 pm Games 4:35-4:55 pm Free Play 4:55-5:00 pm Clean UP	14 3:30-3:50 pm Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:30 pm GROUP A Science Experiment GROUP B Free Play GROUP A Free Play GROUP B Science Experiment
17 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:35 pm Group Games 4:35-4:55 pm Free Play creative free 4:55-5:00pm Clean Up	18 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:25 pm GROUP A Yoga GROUP B Fitness Challenge & Games 4:25-4:45 pm GROUP A Fitness Challenge & Games GROUP B Yoga 4:45-5:00pm Free Play	19 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:25 pm GROUP A Yoga GROUP B Fitness Challenge & Games 4:25-4:45 pm GROUP A Fitness Challenge & Games GROUP B Yoga 4:45-5:00pm Free Play	20 Early Release Day 2:30-2:50 pm Debrief & Fitness Challenge 2:50-3:05 pm Snack Time 3:05-4:20 pm Rock Climbing 3:05-3:45 pm gym games arts & crafts 3:45-4:20 pm Free Play 4:20 pm Clean Up	21 3:30-3:50 pm Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:30 pm GROUP A Science Experiment GROUP B Free Play GROUP A Free Play GROUP B Science Experiment
24 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:35 pm Group Games 4:35-4:55 pm Free Play creative free 4:55-5:00pm Clean Up	25 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:25 pm GROUP A Yoga GROUP B Fitness Challenge & Games 4:25-4:45 pm GROUP A Fitness Challenge & Games GROUP B Yoga 4:45-5:00pm Free Play	26 3:30-3:50 Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:25 pm GROUP A Yoga GROUP B Fitness Challenge & Games 4:25-4:45 pm GROUP A Fitness Challenge & Games GROUP B Yoga 4:45-5:00pm Free Play	27 3:30-3:50 pm Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:55 pm Rock Climbing 4:05-4:35 pm Games 4:35-4:55 pm Free Play 4:55-5:00 pm Clean UP	28 3:30-3:50 pm Debrief & Fitness Challenge 3:50-4:05 pm Snack Time 4:05-4:30 pm GROUP A Science Experiment GROUP B Free Play GROUP A Free Play GROUP B Science Experiment

The After School Program exists to offer children a space to play, be creative, grow, and have fun in a safe and welcoming environment. Children not participating in activities or disobeying the rules and regulations of the facility may be asked to leave. This program is for children 5 and up. Many kids under the age of 7 are not emotionally ready to handle the stimulation of the program and may need to go home with Mom or Dad if feeling a bit overwhelmed. All parents must have contact information with staff and be available for their child if staff calls.

February 2020 Playgroup and Kids Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Birthday Party Rentals Available</p>  <p>Only \$50 for two hours. Includes use of Main Gym, Multipurpose Room, and all Rec Center toys and games.</p> <p>If a party is not scheduled the gym is available to parents/guardians and their children to play, run, tumble, tell stories, color, and socialize from 1-5pm</p> <p>All children 12 and under must be supervised by an adult.</p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10 am– 11:30 am *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour Class opportunity: Restorative Yin Yoga With Katherine</p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10:30– 11:15 am Toddler Sensory Play with Rebekah</p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10 am– 11:30 am *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour Class opportunity: Gentle Yoga With Gillian</p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> <p>10:30– 11:15 am Toddler Sensory Play with Rebekah</p>	<p>9 am—Noon Mom/Dad & Me (Toddler Time)</p> 	<p>SAT/SUN 1-3 PM OPEN GYM FOR GRADES 5 & UP <u>CANCELLED FOR PARTY RENTALS</u> MUST HAVE A VALID MEMBERSHIP OR PAY A DAY FEE <u>KIDS NOT FOLLOWING RULES WILL NEED A PARENT ON SITE IF THEY ARE 12 AND UNDER!</u></p> <p>Kids Rock Climbing & Bouncy House 10-Noon Children 12 and Under must have adult supervision</p> 
	<p>5 pm– 7:00 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour Class opportunity: Flow Yoga</p>	<p>5 pm– 7:00 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour Class opportunity: Group Cycling</p>	<p>5 pm– 7:00 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour Class opportunity: Mat Pilates</p>	<p>5 pm– 7:00 pm *Playgroup (Onsite babysitting) \$2 per hour (min.1 hour) \$1.50/ half hour Class opportunity: Group Cycling</p>	<p>*Playgroup (onsite babysitting)</p> <ul style="list-style-type: none"> Available to children 1 yr. of age and older. Parent must fill out paperwork prior to child attending. All cancellations must be made at least 4 hours in advance or parent will be required to pay for the session. Space is limited so please be sure to sign up in front lobby. Many parents supply snacks for their child. For allergy reasons, please be sure your child comes with their own food to eat. 	

