

May Skagway Recreation Center Main Gymnasium and Belay Certification/Check Schedule

| Time | Sunday 1-7pm | Monday 5:30am-8:30pm | Tuesday 5:30am-8:30pm | Wednesday 5:30am-8:30pm | Thursday 5:30am-8:30pm | Friday 5:30am-7pm | Saturday 9am-4pm |
|----------------|-----------------|--|--|----------------------------|--|----------------------|----------------------|
| 8:00-10:00 AM | | OPEN GYM | OPEN GYM | Aerial Silks | OPEN GYM | Aerial Silks | |
| 9:00-11:00 AM | | | | | | | FAMILY Pickleball |
| 10:30-11:15 AM | | | SR Weights | | SR Weights | | |
| 10:30-3:30 PM | | CREW | | CREW | | CREW | |
| 11:00-1:00 PM | | | | | | | ADULT Pickleball |
| 11:30-3:30 PM | | | CREW | | CREW | | |
| 1:00-4:00 PM | CREW | | | | | | CREW |
| 4:30- 6:30 PM | | ADULT Pickleball | | ADULT Pickleball | ⚠ Climbing area is CLOSED during Pickleball. | | |
| 5:00- 7:00 PM | Aerial Silks | | | | | ADULT Pickleball | |
| 6:30-8:30 PM | | Belay Certification SIGN UP REQUIRED | For liability reasons Belay Checks are required annually regardless of climbing background no exceptions. \$10 fee | | | | |
| 6:30-8:30 PM | | VOLLEYBALL | ADULT Pickleball | OPEN GYM | BASKETBALL | | |

ADULT Pickleball: Drop in- no sign up required. Must wear non scuffing indoor gym shoes. First come, first serve. Adults only.

Aerial Silks: By approval only. Sign up, special waiver and background history required prior to using the silks. Use of equipment is at your own risk. Self take down and put up.

Belay Certification: Monday night regular class to become belay certified on climbing wall. SRC Belay certification check is MANDATORY ANNUALLY to belay anyone on the climbing wall.

CREW: Main gym reserved for CREW basketball. Sign up required at www.signupschedule.com/src.

FAMILY Pickleball: Drop in -no sign up required. Must wear non scuffing indoor gym shoes. First come first serve. All ages- children must be supervised by parent or guardian at all times.

OPEN GYM: Main gym open for first come first serve use. No sign up required.

Sr. Weights: This class is not just for Senior Citizens. Total body resistance training using a chair, hand weights, pilates ring, and resist-a-band. **Please come a few minutes early to set up your weights.**