


# September 2022 Skagway Recreation Center

## Main Gym and Belay Certification Schedule

Time	Sunday 1-7pm	Monday 5:30am-8:30pm	Tuesday 5:30am-8:30pm	Wednesday 5:30am-8:30pm	Thursday 5:30am-8:30pm	Friday 5:30am-7pm	Saturday 9am-4pm	
8:00-10:00 AM			Toddler Time		Toddler Time			
9:00-NOON		Toddler Time		Toddler Time		Toddler Time		
9:00-11:00 AM							FAMILY Pickleball	
10:30-11:15 AM			SR Weights		SR Weights			
11:00-1:00 PM							ADULT Pickleball	
NOON-3:00 PM		CREW	CREW	CREW	CREW	CREW		
1:00-4:00 PM	CREW	<i>CREW AVAILABILITY AND RESERVATIONS AT <a href="http://WWW.SIGNUSCHEDULE.COM/SRC">WWW.SIGNUSCHEDULE.COM/SRC</a></i>						CREW
3:30- 5:00 PM		AFTERSCHOOL PROGRAM	AFTERSCHOOL PROGRAM	AFTERSCHOOL PROGRAM	AFTERSCHOOL PROGRAM			
5:00- 7:00 PM		ADULT Pickleball		ADULT Pickleball		ADULT Pickleball		
7:00-8:30 PM		Belay Certification <small>SIGN UP REQUIRED</small>	For liability reasons Belay Checks are required annually regardless of climbing background no exceptions. \$10 fee			 Climbing area is CLOSED during Pickleball.		
7:00-8:30 PM		VOLLEYBALL	ADULT Pickleball	VOLLEYBALL	BASKETBALL			

**ADULT Pickleball:** Drop in- no sign up required. Must wear non scuffing indoor gym shoes. First come, first serve. Adults only.

**Basketball:** Drop in - first come first serve.

**Belay Certification:** Monday night regular class to become belay certified on climbing wall. SRC Belay certification check is MANDATORY ANNUALLY to belay anyone on the climbing wall.

**CREW:** Main gym reserved for CREW basketball. Sign up required at [www.signupschedule.com/src](http://www.signupschedule.com/src).

**FAMILY Pickleball:** Drop in -no sign up required. Must wear non scuffing indoor gym shoes. First come first serve. All ages- children must be supervised by parent or guardian at all times.

**OPEN GYM:** Main gym open for first come first serve use. No sign up required.

**Sr. Weights:** This class is not just for Senior Citizens. Total body resistance training using a chair, hand weights, pilates ring, and resist-a-band.

**Toddler Time:** Designated time in main gym for parents and guardians to socialize and play with others. Children must be supervised at all times.

**Volleyball:** Drop in- first come first serve.