

Skagway Recreation Center November 2022 Main Gym Schedule

November HOURS
Mon–Thurs 5:30am-8:30pm
Friday 5:30am-7:00pm
Saturday 9am-3pm
Sunday 1pm-7pm

Time	Sunday 1pm-7pm	Monday 5:30am-8:30pm	Tuesday 5:30am-8:30pm	Wednesday 5:30am-8:30pm	Thursday 5:30am-8:30pm	Friday 5:30am-7pm	Saturday 9am-3pm
8:00-10:00 AM		OPEN GYM	Toddler Time	OPEN GYM	Toddler Time	OPEN GYM	
9:00-11:00 AM	For liability reasons Belay Checks are required annually regardless of climbing background no exceptions. \$10 fee			Playgroup restarting on Nov 16th!			FAMILY Pickleball
10:00 AM-NOON		Toddler Time		Playgroup starts Nov 16th		Playgroup starts Nov 18th	
10:30-11:15 AM			Chair-Based Fitness		Chair-Based Fitness		11am-1pm ADULT Pickleball
12:00-2:00 PM			Aerial Silks		Aerial Silks		*Birthday Party Rentals Available Saturdays and Sundays 1pm-3pm
3:30-5:00 PM	OPEN GYM Sundays 3pm-7pm	AFTERSCHOOL PROGRAM K-3rd	AFTERSCHOOL PROGRAM K-3rd	AFTERSCHOOL PROGRAM K-3rd	AFTERSCHOOL PROGRAM 2:30-4:30 EARLY RELEASE DAYS	AFTERSCHOOL PROGRAM K-3rd	
5:00-6:00 PM				4th & 5th Grade OPEN GYM Volunteer Supervision by Kendra Guilliams		4th & 5th Grade OPEN GYM Volunteer Supervision by Kendra Guilliams	
5:00 - 7:00 PM		⚠ Climbing area is CLOSED during Pickleball. ⚠					
5:15-7:15 PM			ADULT Pickleball		ADULT Pickleball		SRC is CLOSED November 11th & 24th OPEN November 25th 8AM-3:30PM
6:00-8:00 PM							
7:15-8:30 PM		OPEN GYM	OPEN GYM		BASKETBALL		

ADULT Pickleball: Drop in- no sign up required. Must wear non scuffing indoor gym shoes. First come, first serve. Adults only.

AFTERSCHOOL PROGRAM: Please see Afterschool Program Schedule for details!

BASKETBALL: Drop in - first come first serve.

Chair-Based Fitness: This class is for anyone that needs modifications to traditional weight lifting workouts. This is total body resistance training using a chair, hand weights, pilates ring, and resist-a-band.

FAMILY Pickleball: Drop in -no sign up required. Must wear non scuffing indoor gym shoes. First come first serve. All ages- children must be supervised by parent or guardian at all times.

OPEN GYM: Main gym open for first come first serve use. No sign up required.

Playgroup: Drop off your child with Rec Center Staff while you work out. Must be in the building, with cell phone, ready to come help with child, if needed. Sign-up required, FCFS.

Toddler Time: Designated time in main gym for parents and guardians to socailize and play with others. Children must be supervised at all times.