

Schedule Color Key:

Childrens Programs
(Main Gym)

Group Fitness Room

Main Gym

Cardio Floor

Special Hours:
Memorial Day
Monday May 29th
CLOSED

***Cancelled/
Altered Classes***

- No ASP May 1st.
- After School Program **ENDS** May 18th.
- No Spinning May 30th.
- If there is not a reservation for Crew Basketball the gym

Rockwall Area:

- Must be belay certified (\$10/annually)
- Rockwall is **CLOSED** during pickleball, open all other times.
- Follow all rules posted in the rockwall area.

SRC May Schedule

May Facility Hours

Mon-Thur 5:00am - 9:00pm
Friday 5:00am - 7:00pm
Saturday 9:00am - 4:00pm
Sunday 11:00am - 7:00pm

Sunday 11:00AM-7:00PM	Monday 5:00 AM-9:00 PM	Tuesday 5:00 AM- 9:00 PM	Wednesday 5:00 AM- 9:00 PM	Thursday 5:00 AM- 9:00 PM	Friday 5:00 AM- 7:00 PM	Saturday 9:00AM- 4:00PM
	Open Gym 7:00am-10:00am	Open Gym 7:00am-12:00pm	Open Gym 7:00am-10:00am	Open Gym 7:00am-12:00pm	Open Gym 7:00am-10:00am	Open Gym 9:00am-10:00am
Open Gym 11:00am-1:00pm		Chair-Based Fitness 10:30am-11:15am		Chair-Based Fitness 10:30am-11:15am		
	Crew Basketball 10:00-2:00	Crew Basketball 12:00-2:00	Crew Basketball 10:00-2:00	Crew Basketball 12:00-2:00	Crew Basketball 10:00-2:00	Yoga w/Gillian 10:00am-11:15am
Crew Basketball 1:00-4:00pm	After School Program 3:00-5:00pm	After School Program 3:00-5:00pm	After School Program 3:00-5:00pm	After School Program 3:00-5:00pm	After School Program 3:00-5:00pm	Adult Karate 11:30-12:30
	4-8 Year Old Karate 5:00-5:45pm	Spinning w/Kendra 4:15-5:00pm	Open Gym 5:00-6:00pm	Spinning w/Kendra 4:15-5:00pm	Open Gym 5:00pm-7:00pm	Crew Basketball 10:00-2:00pm
Belay Certification (sign-up in advance) 4:00-6:00pm	Gentle Yoga w/Jeanne 6:15pm-7:30pm	9-12 Year Old Karate 6:00-7:00pm	Belay Certification (sign-up in advance) 5:30pm-7:30pm	Adult Pickleball 5:15pm-7:00pm	4-8 Year Old Karate 5:45-6:15pm	
	Open Gym 5:00pm-9:00pm	Adult Pickleball 5:15pm-7:15pm	Dance Fitness w/Charity 6:15pm -7:30pm	Hatha Flow Yoga w/Jeanne 6:15pm-7:30pm	9-12 Year Old Karate 6:15-7:15pm	Volleyball 2:00pm-4:00pm
Open Gym 4:00-7:00pm		Adult Karate 7:00-8:00pm	Volleyball 6:00pm-8:00pm	Basketball 7:00pm-8:30pm	**KARATE**: Karate Classes & Karate/Kickboxing Cardio are in partnership with Ian Hays & classes are priced separately from SRC fees. To inquire & sign-up please email	
We're looking for fitness class instructors for the summer! Interested? Email k.howard@skagway.org		Open Gym 7:15pm-9:00pm	Karate/Kickboxing Cardio 7:45-8:45			