

Schedule Color Key:		SRC September Schedule					September Facility Hours:		
Group Fitness Room	Children's Programming						Monday-Thursday 5:00am - 9:00pm	Friday 5:00am - 7:00pm	Saturday & Sunday 10:00am - 5:30pm
Main Gym	Children's Programming	Sunday 10:00AM-5:30PM	Monday 5:00 AM-9:00 PM	Tuesday 5:00 AM- 9:00 PM	Wednesday 5:00 AM- 9:00 PM	Thursday 5:00 AM- 9:00 PM	Friday 5:00 AM- 7:00 PM	Saturday 10:00AM- 5:30PM	
Cardio Floor	Children's Programming		Core Fit 9:00-10:00am	Open Gym 7:00am-12:00pm	Open Gym 7:00am-10:00am	Open Gym 7:00am-12:00pm	Core Fit 9:00-10:00am		
Children's Programming	Children's Programming	Pickleball 10:30am-12:30pm	Open Gym 7:00am-3:30pm	Chair-Based Fitness 10:30am-11:15am	Back & Hip Yoga w/Jeanne 10:15-11:30am	Chair-Based Fitness 10:30am-11:15am	Open Gym 7:00am-3:30pm	Yoga w/Gillian 10:15am- 11:30am	
<b>HOLIDAY HOURS:</b> <b>Monday Sept 4th</b> <b>LABOR DAY</b> <b>*CLOSED*</b>	<b>*Altered Classes &amp; Special Notes*</b> <ul style="list-style-type: none"> <li>If there is no reservation for Crew Basketball the gym reverts to Open Gym.</li> <li>The Main Gym will be <b>CLOSED</b> Saturday September 30th due to the Health Fair.</li> </ul>	Open Gym 12:30-5:30pm		Crew Basketball 12:00-2:00pm	Crew Basketball 10:00-2:00pm	Crew Basketball 12:00-2:00pm		Crew Basketball 10:00am-2:00pm	
		Strength Training Circuit 4:30-5:30pm	After School Program 3:30-5:00pm	After School Program 3:30-5:00pm	After School Program 3:30-5:00pm	After School Program 3:30-5:00pm	After School Program 3:30-5:00pm <small>(2:30-4:30pm on early release days)</small>	After School Program 3:30-5:00pm	
			Spinning w/Kendra 4:15-5:00pm	Adult Pickleball 5:15pm-7:00pm	Spinning w/Kendra 4:15-5:00pm	Adult Pickleball 5:15pm-7:00pm	Spinning w/Kendra 4:15-5:00pm	Open Gym 2:00-5:30pm	
			Open Gym 5:00-6:30pm	Spin & Stretch w/Johanna 6:15-7:00pm 7:00-7:15pm Stretch	Strength Training Circuit 5:00-6:00pm	Restorative Yoga w/Jeanne 6:15pm-7:30pm	Open Gym 5:00-7:00pm		
		Gentle Yoga w/Jeanne 6:15pm-7:30pm	Basketball 7:00pm-8:30pm	Dance Fitness w/Charity 6:00pm -7:00pm	Basketball 7:00pm-8:30pm			<b>Skagway Health Fair!</b> <ul style="list-style-type: none"> <li>Saturday September 30th</li> <li>9:00am-2:00pm</li> <li>A variety of booths and activities from multiple entities to engage with in the main gym, multipurpose room, and group fitness room.</li> </ul>	
		Volleyball 6:30pm-8:30pm		Volleyball 6:30pm-8:30pm					

Visit us online at [skagwayrecreation.org](http://skagwayrecreation.org)